

Kinesiology and Health Science Department
AUP for Academic Year 2025-2026
October 2024

Describe Department/Unit

Connection to College Mission

Based on a specific set of program learning outcomes, the mission of the Kinesiology and Health Science Department is to provide a comprehensive transfer curriculum in kinesiology, health, fitness and wellness related activities. This includes all student populations of the college: those in the Kinesiology AA-T TMC major (available at the Eastern Sierra and Indian Wells Valley campuses); those in other AA and/or AS degree programs; those transferring to universities and colleges; community members: incarcerated students and those students seeking lifelong health, wellness and leisure time skills and knowledge. Students engage in a wide spectrum of educational experiences designed to fulfill their academic and career needs. Department offerings facilitate the acquisition of skills, fitness, knowledge and attitudes that contribute to lifelong well-being. The department faculty encourages and facilitates understanding and appreciation for the value of physical activity in human development, human interaction, human performance, and quality of life. It recognizes the need to impact the rising financial, physical, and emotional concerns brought by increasing incidents of heart disease, cancer, diabetes, obesity and resulting stress. The department provides education, resources and activities to empower and motivate our students to personally choose a healthy lifestyle. The department is committed to providing highly qualified instructors and instructional excellence in these areas based on the most progressive theories and practices available.

Report on Improvements Made and Gaps Identified in the Prior Year

Student Equity

Our equity gaps appeared in white, Non economically disadvantaged students. We did not address these gaps.

The department found no major gaps to be addressed.

Outcomes Assessment: Loop-Back Improvements Made

Actions taken in the prior academic year

No outcomes were missed, no improvements needed.

Outcomes Assessment: Results of Last Year's Assessments

KINS 161

Target Met?

Yes

KINS 102

Target Met?

Did Not Assess

KINS 181

Target Met?

Did Not Assess

KINS 171

Target Met?

Did Not Assess

KINS 105

Target Met?

Yes

KINS 101

Target Met?

Yes

Outcomes Assessment: Missed Targets

Outcomes Assessment: Schedule of This Year's Assessments

HSCI 101

KINS 102

KINS 200

KINS 107

KINS 106

KINS 171

Program Review

Kinesiology

Year of Last Program Review:

2018

Actions Taken in the Prior Year to Address Strategies:

All goals have been met

Strategies Still to be Addressed:

Last Year's Initiatives

Increase KINS majors at Eastern Sierra and IWV sites

Marketing to local students continues at an individual level, but we have not utilized the colleges marketing resources yet. We have offered courses at the Eastern Sierra site with more consistency in the the last 2 years with the addition of a consistent adjunct. Students at this site should be able to achieve the degree in two years.

Reminder of Initiatives for the Current Year

Reminder of Initiatives for the Current Year

Mapping PLO to ILOs

Development of local Major

Plan Initiatives for Next Year

Initiatives for Next Academic Year

Marketing of new degree and certificate

Is this part of a multiyear initiative?

Yes

Specific Action Steps to be Taken:

Creation of marking brochures, and social medial ads

Early Observational Data, or "Lead" Measure(s):

Meeting with marketing director and create a marketing strategy to be pushed out to target populations.

Does the department request help developing these instruments?

Yes

Institutional Performance Data, or "Lag" Measure(s):

Brochures and ads created.

Person Responsible:

Department Cahir.

Unit gap or institutional goals addressed:

It addresses a Strategic Plan goal or objective (reminder to the right)

Mapping of PLO's to ILO's with new KINS degree

Is this part of a multiyear initiative?

Yes

Specific Action Steps to be Taken:

PLO's will be mapped to ILO's

Early Observational Data, or "Lead" Measure(s):

Does the department request help developing these instruments?

No

Institutional Performance Data, or "Lag" Measure(s):

Mapping completed.

Person Responsible:

KINS department

Unit gap or institutional goals addressed:

It addresses a Strategic Plan goal or objective (reminder to the right), Other. Explain below

Department goal that has been carried over.

Increase KINS majors at Eastern Sierra and IWV sites**Is this part of a multiyear initiative?**

Yes

Specific Action Steps to be Taken:

Marketing of programs, consistent offering at ESCC site, department member to participate in community outreach events.

Early Observational Data, or "Lead" Measure(s):**Does the department request help developing these instruments?****Institutional Performance Data, or "Lag" Measure(s):**

Increase in number of KINS majors.

Person Responsible:

Entire department.

Unit gap or institutional goals addressed:

It addresses a Strategic Plan goal or objective (reminder to the right)

Evaluate Resource Needs

Facilities

No facilities needs this year.

Information Technology

None needed in this area

Marketing

\$1000 dollars requested for marketing materials and Ad's for social media. We would like to target high school students and community members both the IWV and eastern Sierras.

Professional Development

A budget request has been submitted to cover the cost of 3 conferences- each with a different area of focus. The areas of focus are parallel to the new courses offering as well as information on the newest developments in the field of KINS (Coaching, Sport Management, and Fitness and Wellness).

Other Needs

Staffing Requests

1000 Category - Certificated Positions

2000 Category - Classified Staff

AUP Budget Worksheet for Kinesiology, FY25

Fund	Org Description	Account Description	Program Title	Location	2024	2024	2025	2025	Notes	Increased?	If requesting increase of %5 or more			
					Adopted Budget	Actual Expenses	Adopted Budget	Request			In planning document	Data?	Relevance?	Operational Efficiency?
GU001	Kinesiology & Health Scien	Rental of Facilities	Physical Education	CB	\$ 2,400.00	\$ -	\$ 2,400.00	\$ 2,400.00						
GU001	Kinesiology & Health Scien	Other Maintenance/Repairs	Physical Education	C1	\$ 2,000.00	\$ -	\$ 5,000.00	\$ 5,000.00						
LR001	Kinesiology & Health Scien	Inst Supplies & Materials	Physical Education	C1	\$ 4,000.00	\$ 3,776.36	\$ 6,000.00	\$ 6,000.00						
LR001	Kinesiology & Health Scien	Inst Supplies & Materials	Physical Education	CB			\$ 2,500.00	\$ 2,500.00						

Type of request		1 time or ongoing?	Requested amount	Resource Requests	description/explanation	In planning document	Data?	Relevance?	Operational Efficiency?
Other									
Marketing	ongoing	\$ 1,000.00			Hard materials and social media marketing	AUP	dean suggestion, KINS materials have never been	We belive students are unaware of our	
Professional Devel	ongoing	\$6,000			cost of 3 conventions(1 per FTF), one for Kine teaching and best				