

Kinesiology and Health Science Department

Annual Unit Plan for Academic Year 2018-2019

October 2018

Describe Department/Unit

Connection to College Mission

Based on a specific set of program learning outcomes, the mission of the Kinesiology and Health Science Department is to provide a comprehensive transfer curriculum in kinesiology, health, fitness and wellness related activities. This includes all populations of the college: those in the Kinesiology AA-T TMC major (available at the Eastern Sierra and Indian Wells Valley campuses); those in other AA and/or AS degree programs; those transferring to universities and colleges; community members and those students seeking lifelong health, wellness and leisure time skills and knowledge. Students engage in a wide spectrum of educational experiences designed to fulfill their academic and career needs. Department offerings facilitate the acquisition of skills, fitness, knowledge and attitudes that contribute to lifelong well-being. The department faculty encourages and facilitates understanding and appreciation for the value of physical activity in human development, human interaction, human performance, and quality of life. It recognizes the need to impact the rising financial, physical, and emotional concerns brought by increasing incidents of heart disease, cancer diabetes, obesity and resulting stress. The department provides education, resources and activities to empower and motivate our students to personally choose a totally healthy lifestyle. The department is committed to providing highly qualified instructors and instructional excellence in these areas based on the most progressive theories and practices available.

Report on Improvements Made and Gaps Identified in the Prior Year

Student Equity: Actions Taken

The department formally instituted steps aimed at improving student engagement and success. First, a student engagement survey and an early diagnostic assignment. The assessment is given within the first 2 weeks of each class. Each student is also given an survey within the first 2 class meetings. These practices became integrated as practices for all full-time members of the department in Fall of 2017. They were fully integrated for all members of the department in Fall 2018.

In addition the department has made a commitment to offering all classes with free or reduced cost text books. This is nearly complete and set to be fully implemented by Spring 2019

Student Equity: Gaps to be Addressed

Gender: Female

Gap Identified:

We have identified that we have a gap in the number of female students we serve compared to college population. The department believes this is a misleading statistic as our Intercollegiate classes are counted in this number. We have a larger male athlete population. We believe that if those classes were removed, this gap would not exist.

Age: 30 to 39 years

Gap Identified:

We serve less students over the age of 30 than the rest of the college population. We have added new classes that will begin SP 18

with the hope that they will attract this age demographic.

Outcomes Assessment: Actions Taken

Actions taken in the prior academic year

At this point the KINS and HSCI department is meeting its outcomes at or above expectations. We are still continually looking to improve our department.

Current initiatives the HSCI/KINS dept.

- 1) Text book free online HSCI 101 - all faculty will be using a Open Ed text for this class
- 2) Open Ed text for KINS 101
- 2) Canvas shells for all classes. (Implemented Fall 17 by K Kelly rest of dept by Fall 18)

Assessments completed in the prior academic year

PLO's we assessed last year as part of the Program Review.

Outcomes Assessment: Gaps to be Addressed

Program Review: Actions Taken

Kinesiology and Health Sciences

Year of Last Program Review:

2009

Actions Taken in the Prior Year to Address Strategies:

All Prior year Strategies /Goals have been met with the exception of ongoing marketing as it is a goal that is always present!

Progress in the last year on two-year strategies: Completed.

Progress in the last year on Three-Year Strategies:

* Goal: Explore the development and implementation of a fitness certificate program.

Progress: Department faculty have determined that while this is a worthwhile endeavor and could benefit some students, there are not a sufficient number of job opportunities in the communities to justify the offering of such a certificate. It should be noted that the fitness centers in our service area were supportive, they could not guarantee a certain amount of jobs for certificate recipients. The

viability of a certificate program may be re-evaluated in coming years, but for now, it will not be pursued further.

* Goal: Department will develop and implement a defined schedule of SLO Assessment for courses in the Kinesiology AA-T.

Progress: Completed.

Goal: The department will develop a generic SLO rubric format that will help to standardize terms and values used for levels of performance in the SLO assessment process.

Progress: Basic rubric has been agreed upon. Application to skills courses is in progress with full implementation scheduled for 15-16

* Goal: The department will carefully examine the program online offerings with respect to success and retention rates with the goal of significant improvement in both of those areas (due 2013-14).

Progress: Success rates for Physical Education online course has shown an up trend from 2011-12 (53.7%) compared to 63.8% in 2013-13. Health Science online course has also shown a increase in student success from 70% in 11-12 to 71.7% in 12-13. While not matching the college wide statistics, it is important to note that this will be an ongoing goal not only for online offerings.

This has been re examined this year(2016) and the success and retention rates for our online offering continue to increase.

(Retention at 89%, success at 75%)

* Goal: Develop a systematic preventative maintenance and equipment replacement plan for the department which will be due in 2014-15.

Progress: Equipment replacement plan completed and included as part of the 2015-16 AUP submission.

2017

Strategies Still to be Addressed:

Marketing of KINS degree to target populations.

We have increased our presence at all functions relating to on campus marketing including, I'm going to college, Career day, and started a Kinesiology Club that is growing each year in marketing. We have increased our Major students from 36 in 2014 to 80 of of fall 2016.

Kinesiology and Health Sciences

Year of Last Program Review:

2018

Actions Taken in the Prior Year to Address Strategies:

All strategies had been met by the date of program review.

Strategies Still to be Addressed:

Kinesiology and Health Sciences

Year of Last Program Review:

2018

Actions Taken in the Prior Year to Address Strategies:

New strategies were created and reviewed. Implementation to begin fall 2018.

Strategies Still to be Addressed:

Below are the new program strategies.

Two-Year Program Strategies

- Create a regular assessment cycle for SLO's
- Completion- SLO's in activity classes share a common SLO to link to PLO's
- Timeline- Finished by spring 2019
- Responsible- Chair
- Create a revised equipment replacement plan with the Athletics Department.
- o Completion-New plan with revised timeline and equipment needed for the next 6 years.
- o Timeline- Finished by Spring 2019
- o Responsible- Chair and Athletic Director
- Revise PHED classes to reflect changes occurring at the state.
- o Completion-2-3 new PHED classes following new guidelines
- o Timeline- Fall 2018
- o Responsible- Entire Department.
- Implement the change of all PHED course designations from PHED to a KIN designation
- o Completion-all courses have KINS designation.
- o Timeline- Fall 2018
- o Chair
- Five-Year Program Strategies
- Kinesiology and Health Sciences
- Version 2016-17
- Approved by PR, 4-26-16
- Page | 34
- Revision of PLO's to align more with ILO's
- o Completion-result will be a more clear mapping of the PLO's
- o Timeline- Spring 2020
- o Role- Chair
- Review and Revision of Gym and Athletic Field space.
- o Completion- Result will be a more efficient use of space at the IWV site.
- o Timeline Spring 2021
- o Role- Chair and Athletic Director.

Annual Planning: Actions Taken

First day survey

Survey given and results are being compiled- this is an annual and ongoing event. While we find the information about our students interesting, we find that the demographic data is better from the IR.

We have used many of our survey results to fine tune classes to fit student needs.

Major Marketing

We have seen a jump KINS majors from 36 to 80 in the last two years.

Most of our marketing has been grass roots, the second phase will work with the PIO to create an online campaign. We have been present at college sponsored events, started as KINS club and the Chair has made site visits to ESCC to meet and teach classes for the major students at that site.

In addition a marketing campaign has been launched in fall 18. Flyers have been posted, and there is a request for website time into the Marketing department. The KINS club is thriving with over a dozen members and is actively recruiting students to the major.

PHED/KINS conversion

Will be completed Spring 2019, was put on hold due to change in Curriculum systems.

Review of Current Year Initiatives

Reminder of Initiatives for the Current Year

Increase diversity of class time offerings

No

Add diversity to fitness classes

no

Plan Initiatives for Next Year

Initiatives for Next Academic Year

Implementation on 3 new classes.

Is this part of a multiyear initiative?

Yes

Specific Action Steps to be Taken:

Offering of no less than 3 new courses in the 18-19 school year. After completing student surveys it is apparent that students would like more variety in the class offerings. They requested more outdoor fitness classes, more sports fitness (specifically basketball and soccer) as well other types of classes such as yoga, pilates and boot camp type fitness.

As a department we plan to offer one new sports class, one new outdoor fitness class and one new indoor fitness class.

Lead Measure of Success:

Increased enrollment in new KINS classes.

Are any of the lead measures identified above lacking assessment instruments?

No

Does the department request help to develop these instruments?

No

Lag Measure of Success:

We are hoping the offering of new classes will attract new students to the KINS department. In years past we had identified a small gap in our 25-39 population and we hope that adding new and more modern fitness classes(at times that are least impacted by other courses) will attract this age group as well as other new students.

Measured used

Increased enrollment

Increased retention

Increased success.

Person Responsible:

Dept Chair.

It addresses a gap in student equity

25-39 year olds

Which strategic goal does this initiative address?

Goal 1: Maximize Student Success, Goal 2: Advance Student Equity Measures, Goal 3: Ensure Student Access

OEI for all Health classes

Is this part of a multiyear initiative?

Yes

Specific Action Steps to be Taken:

The HSCI text is expensive. We have tried to use modified versions and it has had little impact on textbook cost reduction. We have committed to making the online class a text free course. Goal to fully implement by Fall 18.

Lead Measure of Success:

Increased enrollment in class due to cost saving .

Are any of the lead measures identified above lacking assessment instruments?

No

Does the department request help to develop these instruments?

No

Lag Measure of Success:

Optimize Student Enrollment for those classes and to grow enrollments.

Person Responsible:

K Kelly, J Scott.

It addresses a gap in student equity

Students who are low income.

Which strategic goal does this initiative address?

Goal 1: Maximize Student Success, Goal 2: Advance Student Equity Measures, Goal 3: Ensure Student Access

Reevaluate the Equipment replacement plan.

Is this part of a multiyear initiative?

Yes

Specific Action Steps to be Taken:

We have slowly been replacing the equipment in the gym classrooms. At this point we are about halfway through the replacement plan and several needs that were not originally addressed have come up. We will do a full re-inventory and evaluation of current equipment to ensure we maximize the use of money and are getting the most appropriate equipment for our needs.

Lead Measure of Success:

A new inventory and replacement plan will be presented.

Are any of the lead measures identified above lacking assessment instruments?

No

Does the department request help to develop these instruments?

No

Lag Measure of Success:

A new inventory and replacement plan will be presented.

Person Responsible:

Dept Chair

It addresses a program review strategy

The equipment replacement plan.

Which strategic goal does this initiative address?

Goal 5: Strengthen Organizational Effectiveness

Reevaluation of department goals

Is this part of a multiyear initiative?

Yes

Specific Action Steps to be Taken:

Evaluate current goals of the KINS/HCSI department.

Create a clear and concise plan for moving the program forward with its current restrictions at state and local levels.

Lead Measure of Success:

Are any of the lead measures identified above lacking assessment instruments?

No

Does the department request help to develop these instruments?

No

Lag Measure of Success:

Increase in FTES for deparament.

Person Responsible:

all

Other

Which strategic goal does this initiative address?

Goal 3: Ensure Student Access

Tighten up PLO/ILO/SLO mapping

Is this part of a multiyear initiative?

Yes

Specific Action Steps to be Taken:

-Strengthen our PLO and ILO links• Align SLO's with PLO's in a more concrete way. • Evaluate the newly implmented SLO'S align them with the new PLO's.

Lead Measure of Success:

Are any of the lead measures identified above lacking assessment instruments?

No

Does the department request help to develop these instruments?

No

Lag Measure of Success:

Person Responsible:

All

It addresses a gap in outcomes assessment

Which strategic goal does this initiative address?

Goal 5: Strengthen Organizational Effectiveness

Evaluate Resource Needs

Facilities

A new inventory and replacement plan will be presented, however based on the current years plan and evaluation of equipment estimated need will be around 30,000.

Repair/refurbish College Track (25 years old)

The track has over 25 cracks in the 1/4 mile. Some are large enough to fit entire fingers in.

The track surface is deteriorating and bubbling and slickness of the surface is becoming more apparent.

This request has been ongoing for many years. This is a item of critical importance in terms of a safe teaching and community environment.

Track is officially used by our college classes, the community (Relay for Life, Over the Hill Track Club, and service area K-12 schools), in addition many community members take advantage of the track during the hours the complex is open.

Tennis Court Resurfacing

Again, a request that has been made for many years.

All six courts are becoming slick and are losing traction. It is a safety issue and quality of instruction is impacted.

Make All areas of complex ADA accessible.

Many of the paths and through ways are not accessible to accessible to individuals with physical disabilities who are mobility impaired.

(specifically to sports fields.)

Repair or replacement of gym bleachers.

Bleachers are constantly getting "stuck" a serious repair or replacement of these bleachers is needed to continue to host events of scale in the gym.

Create an Outdoor Fitness Center/Yard

Benefits for College, Community and Individuals

1) College

Allows increased diversity and creativity within college fitness classes. Will provides new, safe equipment in an outdoor setting that can be used by all ability levels.

2) Community and Individuals

Provides a free social outlet for exercise.

Information Technology

The fitness classrooms have benefited from the introduction of TV/Monitors with Internet access and ability to allow for real time showing of videos and films for classroom.

Marketing

A targeted marketing program for KINS majors in both IWV and ESCC is requested.

We are currently doing all of the grassroots efforts we can. A online campaign with the PIO and webmaster to promote the major is our next step.

Professional Development

We request \$6000 for the department member to further our certification and knowledge in KINS.

We'd like to obtain the following certifications

- 1) CSCS (Certified strength and conditioning specialist)
- 2) Pilates level 1
- 3) Outdoor adventure sport and fitness certification

Staffing Requests

1000 Category - Certificated Positions

KINS/Athletics (FULL TIME PROF/COACH Cross Country)

Location:

ESCC Bishop, ESCC Mammoth Lakes

Justification:

The Kinesiology and Health Science full-time faculty position will enable ESCC to support and grow the Kinesiology transfer degree program on site and add additional courses in physical education and health science for general education to its overall schedule while providing a sports team to the ECSS campus.

Expanding program options offers us the opportunity reach more students in an area rip for students of this type. (exact number enrolled in major to come soon)

The addition of a full time Kinesiology & Health Science faculty will enable ESCC to deliver KINS activity, kinesiology and health science courses to meet the requirements of AA general education and the Kinesiology Transfer AA degree. This position will be needed in order to offer KINS team sport activity courses (which ESCC was planning to offer in 2015-18, but did not ESCC have adjunct faculty in Mammoth to offer the team sport courses. For the second time the chair, at her own expense, taught in Bishop/Mammoth over the summer to allow KINS students to complete major courses.

This position can market for the Kinesiology AS-T program and develop partnerships, and expand enrollment in KINS activity, health science and kinesiology program courses. Currently ESCC does not have an adjunct faculty for any KINS courses in Mammoth and only one adjunct faculty who can only teach one HSCI course per semester. This load, split with a full time coaching position is very easy to fill.

If this position is not filled, it will have an impact on ESCC, as offering a transfer degree program in kinesiology via adjunct faculty is not possible in Mammoth (no adjunct faculty are currently available to teach) and will lead to a less robust program in Bishop as the KINS 101 is not offered. Also HSCI C101 is not offered at ESCC and impacts students' ability to meet general education.

Please see ESCC and Athletics plan for additional details (specifically the coaching aspect)

2000 Category - Classified Staff

none

Location:

Salary Grade:

Number of Months:

Number of Hours per Week:

Salary Amount:

Justification: