

Kinesiology and Health Science Department

Annual Unit Plan for Academic Year 2017-2018

October 2016

Describe Department/Unit

Mission/Connection to College Mission

Based on a specific set of program learning outcomes, the mission of the Kinesiology and Health Science Department is to provide a comprehensive transfer curriculum in kinesiology, health, fitness and wellness related activities. This includes all populations of the college: those in the Kinesiology AA-T TMC major (available at the Eastern Sierra and Indian Wells Valley campuses); those in other AA and/or AS degree programs; those transferring to universities and colleges; community members and those students seeking lifelong health, wellness and leisure time skills and knowledge. Students engage in a wide spectrum of educational experiences designed to fulfill their academic and career needs. Department offerings facilitate the acquisition of skills, fitness, knowledge and attitudes that contribute to lifelong well-being. The department faculty encourages and facilitates understanding and appreciation for the value of physical activity in human development, human interaction, human performance, and quality of life. It recognizes the need to impact the rising financial, physical, and emotional concerns brought by increasing incidents of heart disease, cancer diabetes, obesity and resulting stress. The department provides education, resources and activities to empower and motivate our students to personally choose a totally healthy lifestyle. The department is committed to providing highly qualified instructors and instructional excellence in these areas based on the most progressive theories and practices available.

Report on Improvements Made and Gaps Identified in the Prior Year

Student Equity

-11% in department compared to college wide

Population:

Age: 25 to 39 years

Analysis and Plan:

Will target marketing strategies to this population group, possibly adding more group fitness offering to attract this age range.

-9% compared to college wide population

Population:

Age: 40 or older

Analysis and Plan:

Will target marketing strategies to this population group, possibly adding more group fitness offering to attract this age range.

Outcomes Assessment: Overall Report

A major improvement made in the assessments of SLO's in the KINS/HSCI department was the development of a common core rubric for activities classes.

With development of a standard skills evaluation rubric for all skills courses, the application of the rubric to each individual skills

course in the Kinesiology AA-T Major becomes a more valid measure.

The use of these rubrics were implemented in Fall 15 and used for the 15-16 school year. IT has made capturing the SLO data a smooth and consistent process.

Outcomes Assessment: Gaps Identified in Prior Year's Assessments

Progress Made on Program Review

Kinesiology and Health Sciences

Year of Last Program Review:

2013

Progress in the last year on two-year strategies:

Progress in the last year on Three-Year Strategies:

* Goal: Explore the development and implementation of a fitness certificate program.

Progress: Department faculty have determined that while this is a worthwhile endeavor and could benefit some students, there are not a sufficient number of job opportunities in the communities to justify the offering of such a certificate. It should be noted that the fitness centers in our service area were supportive, they could not guarantee a certain amount of jobs for certificate recipients. The viability of a certificate program may be re-evaluated in coming years, but for now, it will not be pursued further.

* Goal: Department will develop and implement a defined schedule of SLO Assessment for courses in the Kinesiology AA-T.

Progress: Completed.

Goal: The department will develop a generic SLO rubric format that will help to standardize terms and values used for levels of performance in the SLO assessment process.

Progress: Basic rubric has been agreed upon. Application to skills courses is in progress with full implementation scheduled for 15-16

* Goal: The department will carefully examine the program online offerings with respect to success and retention rates with the goal of significant improvement in both of those areas (due 2013-14).

Progress: Success rates for Physical Education online course has shown an up trend from 2011-12 (53.7%) compared to 63.8% in 2013-13. Health Science online course has also shown an increase in student success from 70% in 11-12 to 71.7% in 12-13. While not matching the college wide statistics, it is important to note that this will be an ongoing goal not only for online offerings.

This has been re examined this year(2016) and the success and retention rates for our online offering continue to increase. (Retention at 89%, success at 75%)

* Goal: Develop a systematic preventative maintenance and equipment replacement plan for the department which will be due in 2014-15.

Progress: Equipment replacement plan completed and included as part of the 2015-16 AUP submission.

Goal: The PHED department will survey all PHED courses each semester with the goal of attempting to obtain information regarding (but not limited to) the following areas:

1. Course demographics
2. Student preferences for course offerings and scheduling
3. Facility and equipment use
4. Number of hours each student works and what, if any impact, that has upon success/retention (due 2014-15).

Progress- Development of the Student survey will begin Fall 2015, Implementation Fall 2016

Progress in the last year on five-year strategies:

* Goal: The department will examine the options for a marketing plan specific to the Kinesiology AA-T program. (due (2015-16).

Progress: ESCC has recently received the “substantive change” approval from the State Chancellor's Office. The faculty will begin the collaborative development of a marketing/publicizing strategy during the 2014-15 academic year. This effort will involve ESCC administration and the college Public Information Officer. Plan should be completed by May of 2015.

Progress-Director of the ESCC and KINS chair have decided that the viability of the KINS program at ESCC is only possible with the addition of a full time faculty member, the adjunct pool for that area is almost non-existent and our main adjunct has retired. This position request has been put in several times in the last few years with no success.

Progress Made on Prior Year Initiatives

Implementation of Moodle format for Physical Education onground courses

The faculty each populated a shell in Moodle for their activity based classes with basic course information, spring 16. It was observed that few few students used these outlets for the class. There could be several factors for this.

- 1) Faculty did not require use of the Moodle for the on ground activity class
- 2) Information was presented in both places, no need for student to access it via the moodle.

This initiative has been discontinued for several reasons.

The department found this to be time consuming for the amount of use by students.

With the implementation of canvas, this is no longer a platform that will be used.

Evaluation rubric for each of the skills courses in the Kinesiology AA-T Major.

Plan Initiatives for Next Year

Initiatives for Next Academic Year

Increase diversity of class time offerings

Action Plan:

- 1) Starting Fall 17, the KINS department will again offer KINS activity classes 3 days a week for classes that are appropriate to that type of class schedule. We believe that students should have the opportunity to achieve maximum number of units on minimum

number of days and that our current time block schedule does not maximize these opportunities for our students.

In addition the Introduction to KINS will have an on ground class offering for the KINS students at IWV on Fall 17

Measure of Success:

An increase in our class numbers, as well as an increase in retention rates. (overall retention rates in the department are 90% for KINS and 85% for HSCI)

Person Responsible:

Chair KINS

It directly addresses a college Strategic Goal or Objective

Goals #1 and #3

Add diversity to fitness classes

Action Plan:

Current fitness classes will be reviewed for relevancy in today's fitness market. Other offering fitting into the KINS AA-T will be explored and as appropriate added to our course offerings. The department plans to add no less than 3 new KINS classes. 1 each-group fitness, team sport and individual sport classes.

Measure of Success:

3 new class offerings, Current classes updated with CIC

Person Responsible:

Entire Department, CIC Rep

It addresses a gap in student equity

Older adult student population. 25 to over 40

Evaluate Resource Needs

Facilities

Continue with repair and replacement plan of equipment in gym.

This years request is \$28,000

Repair/refurbish College Track

This request has been ongoing for many years. This is a item of critical importance in terms of a safe teaching and community environment.

Track is officially used by our college classes, the community (Relay for Life, Over the Hill Track Club, and

service area K-12 schools), in addition many community members take advantage of the track during the hours the complex is open. The track surface is deteriorating and bubbling of the surface is becoming more apparent.

After 23 plus years of service the track is also developing slick spots. Maintenance and repair of this track is a safety, as well as a community service need. Safety is the concern

Tennis Court Resurfacing

Again, a request that has been made for many years.

All six courts are becoming slick and are losing traction. It is a safety issue and quality of instruction is impacted.

Make All areas of complex ADA accessible.

Many of the paths and through ways are not accessible to individuals with physical disabilities who are mobility impaired. (specifically to sports fields.)

Repair or replacement of gym bleachers.

Bleachers are constantly getting "stuck" a serious repair or replacement of these bleachers is needed to continue to host events of scale in the gym.

Create an Outdoor Fitness Center/Yard

Benefits for College, Community and Individuals

1) College

Allows increased diversity and creativity within college fitness classes. Will provides new, safe equipment in an outdoor setting that can be used by all ability levels.

2) Community and Individuals

Provides a free social outlet for exercise.

Combat obesity through well-rounded workout opportunities that can be enjoyed by people of all abilities and fitness levels throughout the community as well as students and employees of the college.

Information Technology

The gym only has one "traditional" classroom. It is used across departments and has been used more often due to the remodel. It is in dire need of a smart class makeover. It is the only class still using the "media cart" technology. It is over sized for the small classroom and creates an awkward learning space for both instructor and student, as the instructor has to stand in the middle of the classroom to operate it.

In addition the fitness classrooms could greatly benefit from the introduction of TV/Monitors with internet/dvd/video playback access and ability to allow for real time showing of videos and films for classroom use. total 3 TV/ Monitors) Currently, in order to show clips/videos the whole class must move to a different room.

Upgraded speaker/stero system for aerobics and dance classrooms.

Marketing

The Faculty Chair has been working with Pam Campbell to develop and plan for outreach to the local area high schools to increase awareness of the major. The plan is to be finished and in Fall 16, implemented Spring 16. It can be noted that the major now has over 50 students declared.

Professional Development

Currently, faculty use "Flex" days to meet the professional development requirement. Faculty also attend discipline related conferences during the year at their own expense to acquire new information or to improve teaching skills/ techniques. A request in the budget has been added to increase the professional development budget to allow faculty to attend 1 conference per year each.

Staffing Requests

1000 Category - Certificated Positions

2000 Category - Classified Staff