

# Physical Education and Health Science Department

## Annual Planning for Academic Year 2015-2016

### Planning Year 2014

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## Description Of Department/Unit

### Mission/Connection to College Mission

Based on a specific set of program learning outcomes, the mission of the Health and Physical Education Department is to provide a comprehensive transfer curriculum in physical education, health, fitness and wellness related activities. This includes all populations of the college: those in the Kinesiology AA-T TMC major (available at the Eastern Sierra and Indian Wells Valley campuses); those in other AA and/or AS degree programs; those transferring to universities and colleges; community members and those students seeking lifelong health, wellness and leisure time skills and knowledge.

Students engage in a wide spectrum of educational experiences designed to fulfill their academic and career needs. Department offerings facilitate the acquisition of skills, fitness, knowledge and attitudes that contribute to lifelong well-being. The department faculty encourages and facilitates understanding and appreciation for the value of physical activity in human development, human interaction, human performance, and quality of life. It recognizes the need to impact the rising financial, physical, and emotional concerns brought by increasing incidents of heart disease, cancer diabetes, obesity and resulting stress. The department provides education, resources and activities to empower and motivate our students to personally choose a totally healthy lifestyle. The department is committed to providing highly qualified instructors and instructional excellence in these areas based on the most progressive theories and practices available.

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## Student Equity

### Student Equity

According to the data provided, there are no gaps related to success and retention for under-represented or sub-populations in the area of Physical Education:

The department numbers under Gender Retention and Gender Success are higher than the college-wide percentages.

The same pattern exists for all Age Success and Retention categories.

Under Ethnicity Retention and Success, the department also has higher percentages.

The Completed Ed Plan and Fully Matriculated percentages are significantly higher than college -wide numbers.

The same positive comparison applies to the Health Science with one exception:

That exception exists in the African American category . The other four ethnic listings, have a relatively positive retention and success rates when compared to the college-wide percentage. While the Success rate for African Americans' is above the college-wide number, it is a much smaller margin than appears in the other four ethnic categories. There is some cause for concern especially since there is no difference under Retention between this course and the college-wide percentage (both at 70%).

The department will monitor this situation during the course of the upcoming semesters and attempt to determine the reason for this situation. Faculty will examine both online and on ground versions of HSCI C101.

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## Review And Planning

### Progress Made on Program Review

## **Health & Physical Education**

### **Year of Last Program Review:**

2012-13

### **Progress in the last year on Three-Year Strategies:**

\* Goal: Explore the development and implementation of a fitness certificate program.

Progress: Department faculty have determined that while this is a worthwhile endeavor and could benefit some students, there are not a sufficient number of job opportunities in the communities to justify the offering of such a certificate. It should be noted that the fitness centers in our service area were supportive, they could not guarantee a certain amount of jobs for certificate recipients. The viability of a certificate program may be re-evaluated in coming years, but for now, it will not be pursued further.

\* Goal: Department will develop and implement a defined schedule of SLO Assessment for courses in the Kinesiology AA-T.

Progress: Completed.

\* Goal: Department will revise existing "GELO Mapping" to reflect revisions and the new Kinesiology AA-T degree.

Progress: "GELO" mapping" completed.

\* Goal: The department will develop a generic SLO rubric format that will help to standardize terms and values used for levels of performance in the SLO assessment process.

Progress: Basic rubric has been agreed upon. Application to skills courses is in progress with full implementation scheduled for 15-16

\* Goal: The department will carefully examine the program online offerings with respect to success and retention rates with the goal of significant improvement in both of those areas (due 2013-14).

Progress: Success rates for Physical Education online course has shown an up trend from 2011-12 (53.7%) compared to 63.8% in 2013-13. Health Science online course has also shown an increase in student success from 70% in 11-12 to 71.7% in 12-13. While not matching the college wide statistics, it is important to note that this will be an ongoing goal not only for online offerings.

\* Goal: Develop a systematic preventative maintenance and equipment replacement plan for the department which will be due in 2014-15.

Progress: Equipment replacement plan completed and included as part of the 2015-16 AUP submission.

Goal: The PHED department will survey all PHED courses each semester with the goal of attempting to obtain information regarding (but not limited to) the following areas:

1. Course demographics
2. Student preferences for course offerings and scheduling
3. Facility and equipment use
4. Number of hours each student works and what, if any impact, that has upon success/retention (due 2014-15).

Progress: Survey will be administered to all PHED courses in the Spring of 2015.

### **Progress in the last year on Six-Year Strategies:**

\* Goal: The department will examine the options for a marketing plan specific to the Kinesiology AA-T program. (due (2015-16).

Progress: ESCC has recently received the "substantive change" approval from the State Chancellor's Office. The faculty will begin the collaborative development of a marketing/publicizing strategy during the 2014-15 academic year. This effort will involve ESCC administration and the college Public Information Officer. Plan should be completed by May of 2015.

## Progress Made on Outcome Assessment

**With development of a defined schedule for course and program assessment, the department will now be able to move forward with a specific plan for future outcome assessment (both SLO and Program) in preparation for the next program review. The department is in the process of developing common rubric formats for each of its courses. These will begin to be implemented during the scheduled SLO assessment process in the spring of 2015.**

### Type:

SLO

### Semester Assessed:

Spring 2015

### Target Missed/Gap Detected:

### Analysis and Plan:

## Progress Made on Prior Year Initiatives

**Develop and implement a sequential plan for continued evaluation of course level student learning outcomes.**

### Progress Made:

In accordance with the guidelines developed by the Vice President of Academic Affairs, the department has developed a timetable for evaluation. The schedule has been implemented and all courses will be evaluated on a specified, sequential timetable beginning in the Spring of 2015. Will attach the appropriate document detailing the schedule.

**Develop a systematic preventative maintenance and equipment replacement plan for the department.**

### Progress Made:

After much discussion within the department, a definitive six year plan has been developed. Replacing equipment over a six year period will be costly, but is required, considering the age and condition of the existing equipment. The document will be available on the "g drive" for review.

## Initiatives for Next Academic Year

**Implementation of Moodle format for Physical Education onground courses**

### Strategic Plan Goals Addressed:

1,2

### Action Plan:

The plan requires that each PHED skills course be made available to students in the Moodle format. Using this online format for on ground courses has several benefits:

1. All sections of a particular course (regardless of their physical location) will be covering at a minimum, the topics detailed in the current Course Outline of Record. This will be accomplished with standard lecture notes or presentations. Additional materials that the instructor deems appropriate can certainly be added, if desired.
2. Online resource links will be provided for each topic. However, this does not restrict the use of additional links/materials by the instructor of record.
3. Testing for course material knowledge will be standardized so as to enable tracking of SLO data. This will be in the form of a required examination which will reference back to all of the existing, knowledge related SLO for the course. At the end of each

semester, each instructor will be required to submit the results of this required examination (along with skills rubric results) to the department chair. Other examinations or evaluation tools may still be added by the instructor of record, as he or she sees fit.

4. One of the main benefits of this type of plan is that students, at any time (just like an online course), can review materials related to the course.

5. We will encourage the use of "chat" rooms to further enhance student engagement. While not required, They may be used by the instructor to answer questions that students may have after the on ground class session is completed or to interact with students regarding course materials in other innovative ways.

**Measure of Success:**

Over 60% of the existing skills development courses will have the Moodle framework component by the completion date. The hope is that 100% of the courses will be in Moodle format by Spring 2017.

**Expected Completion:**

Spring 2016

**Person Responsible:**

Physical Education Department Chair

**Designed:**

It is designed to increase student success

**Student Experience:**

2nd Year/Program Completion, First Year

**Evaluation rubric for each of the skills courses in the Kinesiology AA-T Major.**

**Strategic Plan Goals Addressed:**

1,2

**Action Plan:**

With development of a standard skills evaluation rubric for all skills courses, the plan calls for application of the rubric to each individual skills course in the Kinesiology AA-T Major. This necessarily involves faculty, working together, to identify each SLO skill and how it will be measured in each course, using the standard rubric format. For example, all courses taught in golf would evaluate each level of skill in the same way (e.g. swing temp, grip, stance). This should result in consistent examination of SLO in an area where it is difficult at times to assess levels of specific skills competence.

**Measure of Success:**

All skills course rubrics in place by January 2016.

**Expected Completion:**

October 2015.

**Person Responsible:**

Department Chair and Department Faculty

**Designed:**

It is designed to increase student success

**Student Experience:**

## Resource Needs

### Facilities

None at this time.

### Information Technology

At this time, requests for technology related equipment is required.

### Marketing

ESCC has recently received the "substantive change" approval from the State Chancellor's Office. The faculty will begin the collaborative development of a marketing/publicizing strategy during the 2014-15 academic year. This effort will involve ESCC administration and the college Public Information Officer. Plan should be completed by May of 2015.

### Professional Development

Currently, faculty use "Flex" days to meet the professional development requirement. However, some faculty also attend discipline related conferences during the year at their own expense to acquire new information or to improve teaching skills/ techniques. All full-time faculty are currently qualified to teach in the Moodle online format. At this point in time, there is no specific need. However, the faculty is constantly seeking to improve its knowledge and implementation of evaluation techniques required for SLO and PLO assessment processes.

### Staffing

Until early in the Fall 2014 semester, it was assumed that the senior faculty member in the area of Health and Physical Education would be retiring at the conclusion of the 2015-16 academic year. Recently, the faculty member decided to retire from his position at the end of 2014-15. A resignation for the purposes of retirement letter was submitted in late September of this year. In the past, a department with a retiring faculty member would simply submit a request for replacement to the Academic Senate. However, in this instance, requesting replacement of this particular faculty member/position is not that simple. This retirement provides the department and the college a unique opportunity to possibly re-define the position and/or its location. With the recent development and implementation of the new Kinesiology AA-T degree, there is increased interest (demonstrated by the enrollments in the online capstone course - PHED C101) at both Eastern Sierra and the Indian Wells Valley campuses. There continues to be a significant need for this replacement position at the college. However, the function and duties of the position could and probably should be different from the existing one. It is not a simply a matter of the Physical Education faculty proposing the need for a replacement, in a vacuum, and receiving approval for the hiring a Physical Education instructor. The needed replacement position should be discussed with a variety of college constituents. The remaining department faculty will need to obtain input, at a minimum, from the areas of athletics and ESCC. Options certainly could include a full-time Physical Education faculty member operating at the Eastern Sierra campuses. At this point in time, the Physical Education faculty feel that input from the stakeholders will need to be gathered in the next few months. However, there is definitely a need and there is faculty "load" for this position. It remains to be seen, what shape and form the job description will take, but we wish to indicate that we are indeed planning to request a replacement for the retiring faculty member.

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## Resource Requests

### 1000 Category - Certificated Positions

**Department is losing a faculty member to retirement at the end of 2014-15**

**Location:**

ESCC Bishop, ESCC Mammoth Lakes, Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Placement on the KCCD Salary Schedule to be determined, One-time from General Fund.

**Detailed Rationale:**

Until early in the Fall 2014 semester, it was assumed that the senior faculty member in the area of Health and Physical Education would be retiring at the conclusion of the 2015-16 academic year. Recently, the faculty member decided to retire from his position at the end of 2014-15. A resignation for the purposes of retirement letter was submitted in late September of this year.

In the past, a department with a retiring faculty member would simply submit a request for replacement to the Academic Senate. However, in this instance, requesting replacement of this particular faculty member/position is not that simple. This retirement provides the department and the college a unique opportunity to possibly re-define the position and/or its location.

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The needed replacement position should be discussed with a variety of college constituents. The remaining department faculty will need to obtain input, at a minimum, from the areas of athletics and ESCC. Options certainly could include a full-time Physical Education faculty member operating at the Eastern Sierra campuses.

At this point in time, the Physical Education faculty feel that input from the stakeholders will need to be gathered in the next few months. However, there is definitely a need and there is faculty "load" for this position. It remains to be seen, what shape and form the job description will take, but we wish to indicate that we are indeed planning to request a replacement for the retiring faculty member.

**2000 Category - Classified Staff**

**None requested at this time.**

**Location:**

**Priority:**

**Strategic Plan Goals Addressed:**

**Salary Grade:**

**Number of Months:**

**Number of Hours per Week:**

**Salary Amount:**

, from .

**Detailed Rationale:**

## 4000 Category - Supplies and Equipment

### Official Softballs

**Location:**

ESCC Bishop, ESCC Mammoth Lakes, Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Ten dozen @ \$ 50 per dozen = \$ 500, One-time from General Fund.

**Detailed Rationale:**

Item required to teach a softball course in the Kinesiology AA-T program. Softballs will be divided equally between IWV and ESCC campuses. With the degree program pathways requiring the offering of softball skills courses, there is a specific need for related equipment and supplies to provide the required educational experience for students at both ESCC and IWV. This item is necessary to offer the appropriate course for the major.

### Aluminum Softball Bats

**Location:**

ESCC Bishop, ESCC Mammoth Lakes, Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Ten Bats @ \$ 70.00 per = \$ 700.00, One-time from General Fund.

**Detailed Rationale:**

Item required to teach a softball course in the Kinesiology AA-T program. Bats will be divided equally between IWV and ESCC campuses. With the degree program pathways requiring the offering of softball skills courses, there is a specific need for related equipment and supplies to provide the required educational experience for students at both ESCC and IWV. This item is necessary to offer the appropriate course for the major.

### Softball Gloves

**Location:**

ESCC Bishop, ESCC Mammoth Lakes, Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Twenty Gloves @ \$ 45.00 each = \$ 900.00, One-time from General Fund.

**Detailed Rationale:**

Item required to teach a softball course in the Kinesiology AA-T program. Gloves will be divided equally between IWV and ESCC campuses. With the degree program pathways requiring the offering of softball skills courses, there is a specific need for related equipment and supplies to provide the required educational experience for students at both ESCC and IWV. This item is necessary to offer the appropriate course for the major.

**Softball Batting Helmets****Location:**

ESCC Bishop, ESCC Mammoth Lakes, Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Six helmets @ \$40 per = \$ 240, One-time from General Fund.

**Detailed Rationale:**

Item required to teach a softball course in the Kinesiology AA-T program. Helmets will be divided equally between IWV and ESCC campuses. With the degree program pathways requiring the offering of softball skills courses, there is a specific need for related equipment and supplies to provide the required educational experience for students at both ESCC and IWV. This item is necessary to offer the appropriate course for the major.

**Volleyballs****Location:**

ESCC Bishop, ESCC Mammoth Lakes, Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Thirty @ \$ 30.00 per ball = \$ 900, One-time from General Fund.

**Detailed Rationale:**

Item required to teach a volleyball course in the Kinesiology AA-T program. Volleyballs will be divided equally between IWV and ESCC campuses. With the degree program pathways requiring the offering of volleyball skills courses, there is a specific need for



supplies to provide the required educational experience for students at both ESCC and IWV. This item is necessary to offer the appropriate course for the major.

**Tennis Balls**

**Location:**

ESCC Bishop, ESCC Mammoth Lakes, Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Four, twenty-four can pack @ \$ 75.00 per = \$ 300., One-time from General Fund.

**Detailed Rationale:**

Item required to teach a tennis course in the Kinesiology AA-T program. With the degree program pathways requiring the offering of tennis skills courses, there is a specific need for related supplies to provide the required educational experience for students at both ESCC and IWV. This item is necessary to offer the appropriate course for the major.

**5000 Category - Service, Utilities, and Operating Expenses**

**Upholstering and repair of Weight Room and Cardio Equipment**

**Location:**

Ridgecrest/IWV

**Priority:**

**Strategic Plan Goals Addressed:**

**Estimated Amount of Funding Requested:**

\$ 1100, Ongoing from General Fund.

**Detailed Rationale:**

Upholstery tears and becomes brittle because of daily use by students in exercise classes. Electronics on Cardiovascular equipment require periodic maintenance and repair. Quality instruction is impacted.

**6000 Category - Capital Outlay**

**Refurbish and repair college track surface**

**Location:**

Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

To Be Determined by M & O and KCCD Architec, One-time from General Fund.

**Detailed Rationale:**

Track is officially used by our college classes, the community (Relay for Life, Over the Hill Track Club, and service area K-12 schools). The track surface is beginning to deteriorate and bubbling of the surface is becoming more apparent. After 23 plus years of service the track is also developing slick spots. Maintenance and repair of this track is a safety, as well as a community service need. Safety is the concern

**Tennis Court Re-Surfacing**

**Location:**

Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

TBD by M & O and KCCD Architect, One-time from General Fund.

**Detailed Rationale:**

All six courts are becoming slick and are losing traction. It is a safety issue and quality instruction is impacted.

**Additional lighting in the dirt parking lot near the track/field access gates.**

**Location:**

Ridgecrest/IWV

**Priority:**

Medium

**Strategic Plan Goals Addressed:**

2

**Estimated Amount of Funding Requested:**

TBD by M & O and KCCD Architect, One-time from General Fund.

**Detailed Rationale:**

There is a need to create a safely lighted environment and to improve student visibility during night classes as well as sporting events.

**Replacement of Treadmills in the PHED Building Cardiovascular Room**

**Location:**

Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

Three @ \$ 4000 each = \$ 12000, One-time from General Fund.

**Detailed Rationale:**

These three treadmills have been in operation in the PHED Building for over 15 years. They are showing their age and the amount of usage by students. Operation of the current treadmills is spotty at best. These items have been in service for over 15 years and wear and tear is taking its toll. This piece of equipment is a necessary part of all conditioning/cardiovascular courses in the Kinesiology AA-T major as well as for other degree seeking students.

This request is included in the first year of a six year equipment replacement plan developed by the department faculty. That six year plan will be submitted with this document.

**Replacement of Bicep Machine in the PHED Building Weight Room**

**Location:**

Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

\$ 3600, One-time from General Fund.

**Detailed Rationale:**

This item has been in service for over 23 years and wear and tear is taking its toll. This piece of equipment is a necessary part of all weight training/conditioning courses in the Kinesiology AA-T major as well as for other degree seeking students.

This request is included in the first year of a six year equipment replacement plan developed by the department faculty. That six year plan will be submitted with this document.

**Multiple Station Machine for the PHED Building Weight Room**

**Location:**

Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

\$ 15400, One-time from General Fund.

**Detailed Rationale:**

This item has been in service for over 23 years and wear and tear is taking its toll. This piece of equipment is a necessary part of all weight training/conditioning courses in the Kinesiology AA-T major as well as for other degree seeking students.

This request is included in the first year of a six year equipment replacement plan developed by the department faculty. That six year plan will be submitted with this document.

**Replacement of a set of rubber dumbbells in the PHED Building Weight Room**

**Location:**

Ridgecrest/IWV

**Priority:**

High

**Strategic Plan Goals Addressed:**

1,2

**Estimated Amount of Funding Requested:**

One set of 2.5lb. to 50 lb. rubber dumbbells \$2435 per set. , One-time from General Fund.

**Detailed Rationale:**

Numerous dumbbells have been taken from the weight room in the past several years. Classes are now operating without the proper equipment. With replacement, should also come a re-activation of the alarm system for the building. At the present time, there is no working alarm system for the building.

These dumbbells are a necessary part of all weight training/conditioning courses in the Kinesiology AA-T major as well as for other degree seeking students.

This request is included in the first year of a six year equipment replacement plan developed by the department faculty. That six year plan will be submitted with this document.